Taking Medication Matters: Patient Questionnaires to Assess Adherence

These 2 versions of the Morisky scale help to identify opportunities to educate patients about adherence to treatment recommendations

Self-scored Adherence Quiz: This very simple tool, the validated Morisky scale, prompts patients to find out if they are taking medication correctly because patients do not readily divulge nonadherence.

- 4-question self-quiz can be used by health care professionals to detect and predict patient nonadherence to medication
- Can be used in the waiting room or administered by phone
  - Perfect for use by case managers who need to assess the adherence of their patients who may be on multiple medications for chronic conditions
- Facilitates addressing the problems and barriers to adherence for health care professionals

DO YOU TAKE YOUR MEDICATIONS THE RIGHT WAY?

Do you ever forget to take your prescription drugs?
Yes ☐ No ☐

Are you careless at times about taking your drugs?
Yes ☐ No ☐

Do you sometimes stop taking your drugs when you feel better?
Yes ☐ No ☐

Do you sometimes stop taking your drugs if they make you feel worse?
Yes ☐ No ☐

Adapted from Morisky et al.

- Validated 4-question quiz may also be used as a metric for assessing impact of an adherence intervention
- See your Pfizer Medical Outcomes Specialist to discuss how this instrument can be incorporated into a protocol for measuring adherence
Professional-scored Quiz: A second quiz, using a modified Morisky Scale, assesses the patient’s knowledge of the benefits of their medication and their motivation with 2 additional questions

- 3 questions assess patient motivation to stop taking medication
- 3 questions relate to patient knowledge
- Answers classify the patient’s combined knowledge-motivation level for recommended adherence improvement

Useful for physicians and case managers to assess need for intervention

Available as an Adobe® Acrobat® PDF on your Adherence Engagement Platform (AEP) CD in the Medication Matters folder

Tool Tips:
For patients who are identified as being at risk of nonadherence, other tools on the AEP CD can help you intervene:

- Use interviewing skills from the Health Behavior Change workshops to gain their agreement to adhere to their medication regimen
- Providers can verify a patient’s understanding and gain their commitment using the Patient Adherence Commitment sheet. And have them use the medication calendar on the back for a daily medication check
- Use appropriate Prescriptions for Health information sheets for patient education