



What's Your Reason? **I'm Too Busy!**

Taking your prescription medication as directed can help you stay healthy.

You may have good reasons for not always taking your medication. There are better reasons why you should.

Make your medicine a priority.

- Add it to your "to-do" list every day.
- Keep a supply in your office.
- Learn all you can about your condition. This will help you to focus on your health.
- Make sure you understand the benefits and risks of your medicine.



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